

Title: Free Childhood Weight Management Training for Healthcare Professionals in Hull

Free virtual training on **Weight Management for Children & Young People: A practical summary of childhood obesity in Hull**

Date: Wednesday 30th April, 1 – 2.30pm

Speaker: Dr Varun Anand, GP with special interest in Lifestyle Medicine

The learning outcomes for the session are:

1. Understand the wider determinants and inequalities of childhood obesity
2. Sensitively raise the issue of weight with parents/carers of children and young people living with excess weight
3. Understand local services to support children and young people living with excess weight
4. Apply this knowledge in your care of children and young people through brief advice on and appropriate referrals for weight management (Tier 2 and Tier 3)

The training is in collaboration with the Hull City Council Public Health Team and is funded by the ICB.

To book onto the training, please contact: varun.anand@nhs.net