

# Humber Area General Practice Appointment Data January 2026

Data published by [NHS Digital](#)



# 551,652

In January 2026, over 551,000 appointments (*55% of Humber area patients*) were offered to patients who accessed care across our 94 GP Practices

# 343,745

64% of patients  
were seen face to face

# 240,793

44% were seen on the same  
day they contacted their GP  
Practice

- Across England, we have seen a **collapse in the GP and practice nurse workforce**, at the same time as there's been a large expansion in hospital doctors and staff over the past decade.
- **95% of doctors and nurses** are based in our **hospitals**. **Only 5%** are in our **GP Practices** – patients will experience a **supply and demand mismatch**.
- If supermarket queues are crazy, do we shout and complain at the checkout assistants?
- **Please do not fall into the trap of blaming our GPs and their practice staff.**
- We are all trying to do the best we can, with what we have.
- Patients will be offered appointments with the **right clinician** at the **right place** and within the **right timeframe** - based on **clinical urgency** and **need**.
- We know all NHS services are stretched for patients right now across England.
- The same is true across the Humber area.
- We are working as hard as we can **to try to meet you and your family's needs**.
- **We are truly grateful for your patience and your support.**