

**HULL & GRIMSBY 2026**  
**INVITATION TO: GPs, PRACTICE NURSES**  
**& ALL PRIMARY CARE MEDICS**

You are invited to attend the following Primary Care programmes. A Certificate of Attendance will be issued along with a Personal Development Plan summary form, which will be supplied for your portfolio. Any lecture notes provided by the speakers will be available to download.

**FORMAT: "Interactive Learning" with presentations giving ample time for face to face questions and discussion with speakers.**  
**There is no charge for attending these meetings.**

**"WOMEN'S HEALTH"**

**THE MERCURE GRANGE PARK HOTEL, GRANGE PARK LANE  
 WILLERBY, HULL, HU10 6EA.**

**WEDNESDAY 23 SEPTEMBER 2026**

**NO FEE - 3 HOURS CPD**

11.45am **Registration**  
 12noon **Light Lunch**

1.00pm **"ENDOMETRIOSIS & FIBROIDS"**  
**Mr Kevin Phillips**  
 Spire Healthcare - Hull

2.15pm **Refreshments**

2.45pm **"MANAGING HORMONAL CHANGES IN THE LIFE STAGES OF  
 WOMEN"**

**"Dealing with the perimenopause & menopausal transition"**  
 \*Symptoms & manifestations of hormonal change  
 \*HRT: time for a comeback  
 \*Alternatives to HRT

**Dr Tonye Wokoma** - City Healthcare Partnership CIC, Hull

4.00pm **Questions, Discussion – Close**  
 (Programme may be subject to change)

**"CARE OF THE ELDERLY"**

**THE PELHAM SUITE, CAMBRIDGE ROAD, GRIMSBY, DN34 5SZ**

**THURSDAY 8 OCTOBER 2026**

**NO FEE - 3 HOURS CPD**

11.45am **Registration**  
 12noon **Light Lunch**

1.00pm **"ACUTE STROKE, TIA'S & SECONDARY PREVENTION"**

**Dr Rayessa Rayessa**  
 Hull University Teaching Hospitals

2.15pm **Refreshments**

2.45pm **"A POT POURRI OF UROLOGY PROBLEMS IN PRIMARY CARE"**  
**To include:** \*Urological Malignancies & PSA in Primary Care  
 \*LUTS & BPH Treatment \*Erectile / Sexual Dysfunction  
 \*Incontinence & Stone Disease

**Mr Mark Rogers**  
 NHS Humber Health Partnership

4.00pm **Questions, Discussion – Close**  
 (Programme may be subject to change)

**How to book:** (Programmes may be subject to change)

- E-mail info@gpforum.com (preferred method of booking)
- Website www.gpforum.com
- Or complete the registration form below and send to: GP Forum, Handley Lodge Farm, Handley Lane, Handley, Chesterfield S45 9AT

We look forward to your attendance at what are sure to be very informative and enjoyable events.



**REGISTRATION FORM - HULL & GRIMSBY 2026**

**HULL - WEDS 23 SEPT**

**GRIMSBY - THURS 8 OCT**

**Complete in CAPITALS** Name: ..... Job title: .....

In the interests of the economy and the environment we would prefer to respond to you by email. *Your email:* .....

*Surgery / P/Manager email:* .....

Surgery Address: .....

..... Postcode: ..... Tel: .....

ICB: ..... **Lunch - tick box** Standard  Vegetarian

**Please return to:** GP FORUM, HANDLEY LODGE FARM, HANDLEY LANE, HANDLEY, CHESTERFIELD S45 9AT

Signed: .....